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Assessment of influencing determinants on maternal health and wellness: A descriptive research study

■ **Rashmi Dave, Jiju N.Vyas and Neha Tiwari**

SUMMARY

Maternal nutrition and health during pregnancy has been associated with healthy outcomes for both mother and child. This study investigated the factors influencing the nutritional and health practices of pregnant women attending regular diagnosis and treatment at Government Hospitals in Ahmedabad. A Study employed a descriptive, non-experimental research design. Personal Interview technique was used for data collection at Government Hospitals. Sample of 150 Pregnant women was selected from the hospitals. Non Probability Convenience Sampling Method was used. SPSS version 20.0 was used to analyze the collected data. Multiple regression technique was applied to understand holistic effect of all the determinants of maternal nutrition and health.

Key Words : Personal interview technique, Multiple regression technique

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