

## Internship programme of Lakshmibai National University of Physical Education: An assessment of student

INDU BORA AND SANJEEV KUMAR

Received : July, 2011; Accepted : September, 2011

### ABSTRACT

The induction of Internship programme was introduced by the Department of Teacher Education in Lakshmibai National University of Physical Education, Gwalior for the students of Bachelor of Physical Education as a compulsory part in the final year. In 2010, all the students of IV year were sent to 40 schools of India which had CBSE as their Board. The schools were assigned to the students as per the requirement of the schools on the basis of games and the capability of the students in managing the work professionally and personally. The Institutional Heads were asked to fill in the appraisal for evaluation of each individual student at the end of the term of internship which was 60 days, and sent the report to the department as a confidential report. The appraisal was out of 50 marks with 10 aspects of the student teacher in question viz., Quality, Initiative, Professionalism, Communicative and interpersonal skills, Team work, Ethics and morality, Punctuality and discipline, Student handling, Creativity and co-operation with school administration. After the compilation of appraisal reports, the ten variables were compared and found that the students were found lacking in communicative and interpersonal skills more than other aspects.

See end of the article for authors' affiliations

Correspondence to:

**SANJEEV KUMAR**  
Department of Teacher  
Education, Lakshmibai  
National University of  
Physical Education,  
GWALIOR (M.P.) INDIA  
[sanjeev\\_mundair@yahoo.com](mailto:sanjeev_mundair@yahoo.com)

Bora, Indu and Kumar, Sanjeev (2011). Internship programme of LNUPE: An assessment of students. *Internat. J. Phy. Edu.*, 4 (1): 188-190.

**Key words :** Internship, Communication and interpersonal skills

Each profession has an internship programme to provide real life exposure to its students so as to enable them to ascertain the level of professional competence they have acquired at the end of the course. The same not only indicates their professional competence but also highlights their strengths/weaknesses in tackling real life situations which can later be corrected to improve his/her professional growth.

LNUPE Undergraduate Internship Programme has similarly been conceptualized, formulated and evolved by Department of Teacher Education to expose and judge the professional competence of undergraduate students. A number of variables were accordingly identified and included in the Post Internship Appraisal Form of these students which was filled in by the Head of the Institution where the students had undergone his/her 60 days of internship.

Statistical compilation of these individual appraisal forms of all the students indicated the variables where definite improvement was required to improve the professional growth of the students in general and organization in particular.

The objective of LNUPE Undergraduate Internship Programme was to provide real life experience to the undergraduate students as physical education teachers

as also to ascertain their professional competence at the end of the programme by analyzing their post internship individual appraisal forms.

### METHODOLOGY

The method applied to test the various variables of professional competence of all students was based on the descriptive statistical compilation of their individual post internship appraisal forms which consisted the quantification and analysis of a total of the following ten identified variables primarily highlighting teacher-student relationship :

- Quality
- Professionalism
- Communicative and interpersonal skills
- Team work
- Ethics and morality
- Punctuality and discipline
- Student handling
- Creativity
- Co-operation with school administration
- Initiative

The above mentioned variables were graded with each having a maximum marks of 05 points by the Head of the Institution where the student had undergone his/