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A Case Study

Study on profile, knowledge about health services of anganwadi workers in Tumkur district Karnataka state

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ICDS, anganwadi, Village, Health service, IMR, MMR SUMMARY: The Integrated Child Development Services (ICDS), the nationwide programme of the Government of India offers the most important interventions for addressing the nutrition and health problems and promoting early childhood education among the disadvantaged population of the country. The present study was undertaken with the objective of assessing their profile and knowledge about health services to reduce IMR, MMR, participation in village health nutrition days, village health and sanitation committee as a member in ICDS. The sample of the present study was taken from five talukas of Tumkur district of Karnataka. The tools used for study was self devised interview schedule. In the profile, the present study revealed that 66 per cent of anganwadi worker were medium age group followed by 25 per cent belong to young age group and only 09 per cent belong to old age group. Majority (73 %) were having High school or 10 th pass level education followed by 27 per cent were having 12 th pass or intermediate education level. In the knowledge about health services it was revealed that 41 per cent of anganwadi workers, who were having good knowledge followed by 32 per cent medium and 27 per cent, were low knowledge on IMR, MMR, vitamin A, and 72 per cent of the anganawadi workers more than 8 time out of 12 times in an year participated in village health nutrition days along with health assistant of health and family welfare department and majority (69%) of the anganawadi workers less than 5 times in an year participated in village health and sanitation committee as a member. The study shows that in spite of the all training of anganwadi workers, their performance as well as awareness in terms of health servises was not satisfactory and hence, a nut most need of frequent training as well as awareness programme was strongly felt.

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